

Resolutions You Can Keep

Many of us make resolutions for the New Year, but we seldom keep them. Here are some resolutions that aren't so difficult to keep, and will help keep you and family safe and prepared for an emergency.

- Change the batteries in your smoke detectors.
- Locate and know how to turn off electrical circuits and gas valves.
- Keep flashlights and extra batteries on hand.
- Keep at least three days of non-perishable food and water on hand in case of a sudden onset emergency like an earthquake.
- Keep your car gas tank at least half full.
- If you have a generator, maintain it and start it once a month.
- Make copies of your vital records and maintain them in a safe place.
- Be sure your address is visible so responders can find you in an emergency.
- Properly store chemicals products such as paints and solvents, and flammables like gasoline, propane and butane.
- Secure heavy items like water heaters, bookcases, cabinets and other tall items to the wall.
- Check your insurance policies to be sure they are current and meet your needs.
- Know how to access use the American Red Cross "Safe and Well" site, notify friends and family of your intentions.